

Date	Fixture	Age Group	Venue
April			
Sun 6th	Mayor of Hertford 10k	SM SL VM VL	Hertford
Sun 6th	SEAA Road Relays	VM SM VL SL	Aldershot
Sun 13 th	London Marathon	VM VL SM SL	London
Sat 26 th	London Inter Club Challenge	All	Copthall
Sun 27 th	Eastern YA League	YA	Lea Valley Centre
May			
Sat 3 rd	Southern League Men	VM SM	Hemel Hempstead
Mon 5th	Herts County 1500m, Relays and Vets Champs		Stevenage
Sat 11 th / Sun 12 th	Middx County T & F Champs	All	Copthall
Sun 11th	Herts County T & F Champs	All	Watford
Mon 12 th	SCVAC T&F League	VM VL	Lea Valley
Sun 17 th	BMAF Road Relays	VM VL	Sutton Coldfield
Tues 20 th	MWRRL	All 15+	Welwyn Garden City
Weds 21st	Middx University Fun Run	All	Trent Park
Sat 24 th / Sun 25 th	Southern Counties Champs	U15/ U17	Crystal Palace
Sun 25 th	BMAF 10k track	VM VL	Oxford
June			
Sun 1 st	Eastern YA League	YA	Hemel Hempstead
Tue 3rd	MWRRL	All 15+	Royston
Sat 7 th	Southern League Men	VM SM	Colchester
Sat 7th	Herts Schools Champs	Schools	Watford
Mon 9 th	SCVAC T&F League*	VM VL	Copthall
Wed 11 th	Herts (U13) Challenge	YA U13	Hemel Hempstead
Wed 11 th	Annual Cricket Match V SBH	All	Winchmore Hill
Sat 14 th / Sun 15 th	Southern Counties Champs	U 20	Crystal Palace
Wed 18 th	MWRRL	All 15+	Orion
Sat 21 st	London Inter Club Challenge	All	New River
Sun 22 nd	Herts 3000m Champs + U13 Pentathlon	All + U13	Hemel Hempstead
Sun 22 nd	BMAF 5k Road Champs	VM VL	Horwich (Nr Bolton)
Mon 23 rd	SCVAC T&F League	VM VL	Copthall
Sat 28 th	Southern League Men	VM SM	Woodford
Sun 29 th	Eastern YA League	YA	Watford
July			
Thurs 3 rd	MWRRL	All 15+	St Albans
Sat 5 th / Sun 6 th	BMAF T&F Champs	VM VL	Birmingham
Fri 11 th / Sat 12 th	English Schools Champs	Schools	Gateshead
Sat 12 th	Southern League Men	VM SM	Welwyn
Sun 13 th	Eastern YA League	YA	Luton
Mon 14 th	SCVAC T&F League	VM VL	Hemel Hempstead
Wed 16 th	MWRRL – mob match	All 15+	Trent Park*

Tue 22 nd	Herts Road Relays	SM SL VM VL	Stevenage
Sat 26 th	London Inter Club Challenge	All	Copthall
Sun 27 th	Inter Counties U13 Match	U13 Selection	Kingston
August			
Sat 2 nd	Southern League Men	VM SM	Stevenage
Sun 3 rd	Eastern YA League	YA	Cambridge
Sun 3 rd	Inter-Counties U17 Champs	U17	Basildon
Sat 9 th	London Inter Club Challenge	All	Parliament Hill
Sun 17 th	Club Orienteering	All	TBA
Thu 21 st	Club Family Parlauf	VM SM VL SL	Clubhouse
Sun 24 th	Club Biathlon	All	Clubhouse
September			
Sun 7 th	SCVAC T & F Final	VM VL	Ashford
Sun 14 th	Herts & Middx YA Road Relays	YA	Hayes
Sun 21 st	Club T & F Championships	All	Hemel Hempstead tbc
Sun 21 st	BMAF Marathon	VM VL	Anglesey
Sat 27 th / Sun 28 th	Easter Counties Combined Events Champs	All	Bedford

Legends MWRRL = Mid Week Road Race League,

SM = Senior Men, VM = Vet Men, JM = Junior Men, SL = Senior Ladies

VL = Vet Ladies YA = Young Athletes, B = Boys, G = Girls,

TBA = to be advised TBC = to be confirmed

* **Home Fixture**

Mid Week Road Race League (MWRRL)

This is a series of evening races (usually 10km) in a friendly, sociable league. **NB: Second claim runners are now allowed to participate.** Runners of all standards are welcome. Most races are in the Hertfordshire area. There are refreshments provided after each race and the social interaction between both our own athletes and those of other clubs is most enjoyable.

London Inter Club Challenge

The women are now competing in the London Inter-club Track and Field Challenge. Current athletic clubs that participate in the Challenge are; Belgrave Harriers, Shaftesbury Barnet, Enfield & Haringey, Woodford Green, London Heathside and Highgate Harriers. This league will also provide opportunities for all young athletes to participate in events, which will be graded and suitable for all participants. These challenges will give all athletes the chance to try out new events.

Eastern Young Athletes League

This year the Club will be entering a joint team with Enfield & Haringey AC into the league. An opportunity for young athletes to experience track and field competition. Most events are close to home but there is the chance to visit Cambridge for the August match.

Team Manager Contact Details:

Mid Week Road Race League (MWRRL)

Women's: Maureen Shirley H: 01992 553772 M: 07931 881766

E mail: john.shirley@virgin.net

Men's: Alun Johns M: 07961 425434

E-mail: alunj@oxigen.net

London Inter-club Challenge

Women's: Cath Perry M: 07956 609375

E mail: catherineperry2004@yahoo.co.uk

Young Athletes Katherine March M: 07967 307958

E mail: kjwoods79@yahoo.co.uk

Southern League

Men's: Richard McCormick H: 020 8275 0527

E-mail: Richard.McCormick@credit-suisse.com

SCVAC Track & Field League

Women's: Helen Ewings H: 01462 851977

E mail: Ewings@btinternet.com

Men's: David Wilcock H: 020 8445 4760 M: 07939 096192

E mail: david.wilcock@virgin.net

Eastern Young Athletes League (EYAL)

Young Athletes: Neil Thompson H: 0208 350 4568

E-mail: thompson.grey@blueyonder.co.uk

Promotions Sec: Martyn Rowe M: 07739 302289

E-mail: martyn.rowe@honeywell.com



BARNET & DISTRICT A.C.

Fixture List

Spring/Summer 2008

www.barnetathletics.com