

## GIRLS UNDER 13 - Summer Track Rankings 2005

### 100m

<i>CLUB RECORD</i>	13.4	<i>Anna Nagy</i>	<i>Watford</i>		02-08-97
14.5	Sian Taylor		Hemel Hempstead	8 Jun	
14.9	Alice Grist		Ware	3 Jul	
15.5	Alison Rayner		Copthall	22 May	
16.6	Amy Rice		Hemel Hempstead	18 Sep	

### 200m

<i>CLUB RECORD</i>	28.1	<i>Anna Nagy</i>	<i>Woking</i>		19-07-97
31.0	Sian Taylor		New River	20 Aug	
31.2	Charlotte Kennedy		Hemel Hempstead	8 Jun	
31.4	Alice Grist		St Albans	19 Jun	
31.8	Alison Rayner		St Albans	19 Jun	
32.0	Emma Sheridan		Ilford	7 Aug	
32.2	Kate Barber		Ilford	24 Apr	
33.6	Amy Rice		Watford	15 May	

### 400 metres

<i>CLUB RECORD</i>	73.0	<i>Tara Weaver</i>	<i>Copthall</i>		02-06-96
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### 600 metres

<i>CLUB RECORD</i>	1-55.9	<i>Cathy Alexander</i>	<i>Welwyn</i>		22-06-94
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### 800m

<i>CLUB RECORD</i>	2-37.2	<i>Cathy Alexander</i>	<i>Watford</i>		16-07-94
2-44.7	Charlotte Kennedy		Ware	3 Jul	
2-44.96	Kate Barber		Watford	15 May	

### 1500m

<i>CLUB RECORD</i>	5-20.9	<i>Chloe Wilkinson</i>	<i>Kingston</i>		03-08-97
5-31.9	Kate Barber		Ware	3 Jul	
5-46.4	Charlotte Kennedy		Stevenage	2 May	
7-21.6	Amy Rice		Ware	3 Jul	

### 1 mile

<i>CLUB RECORD</i>	5-54.5	<i>Chloe Wilkinson</i>	<i>Copthall</i>		15-06-97
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### 70mH

<i>CLUB RECORD</i>	11.5	<i>Anna Nagy</i>	<i>St Albans</i>		31-05-97
13.7	Kate Barber		Ilford	24 Apr	
14.4	Sian Taylor		Ilford	24 Apr	
15.0	Emma Sheridan		Ilford	7 Aug	

### 75m Hurdles

<i>CLUB RECORD</i>	13.8	<i>Anna Nagy</i>	<i>Watford</i>		21-09-97
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### HJ

<i>CLUB RECORD</i>	1-35	<i>Denise Gayle</i>	<i>Watford</i>		05-09-92
1-25	Emma Sheridan		Ilford	7 Aug	
1-15	Amy Rice		Ilford	7 Aug	

### LJ

<i>CLUB RECORD</i>	4-45	<i>Amelia Barkow</i>	<i>Enfield</i>		13-07-97
3-67	Charlotte Kennedy		Copthall	22 May	
3-33	Sian Taylor		Hemel Hempstead	8 Jun	
3-11	Alice Grist		St Albans	19 Jun	
2-87	Kate Barber		Ilford	7 Aug	

**Triple Jump**

*CLUB RECORD*            8-79    *Anna Nagy*                    *Copthall*                    *15-06-97*

**SP**

*CLUB RECORD*            8-40    *Anna Smith*                    *Copthall*                    *15-06-97*

6-60            Amy Rice                            Hemel Hempstead            18 Sep

5-13            Sian Taylor                            Ilford                    7 Aug

4-39            Beth Randall                            Ware                    3 Jul

3-61            Alison Rayner                            St Albans                    19 Jun

**DT**

*CLUB RECORD*            23-33    *Asha Tranquille-Day*            *St Albans*                    *27-07-03*

13-83            Amy Rice                            Ware                    3 Jul

13-55            Sian Taylor                            Ware                    3 Jul

12-54            Beth Randall                            St Albans                    19 Jun

**Javelin**

*CLUB RECORD*            23-22    *Asha Tranquille-Day*            *Watford*                    *07-09-03*

**4x100m**

*CLUB RECORD*            58.5    *Barnard,Mitchell,Hobman,Solender*            *Enfield*                    *10-07-88*

60.3    Ware                    3 Jul

**Pentathlon**

*CLUB RECORD*            1850    *Denise Gayle*                    *Watford*                    *05-07-96*