

BOYS UNDER 11 - Summer Track Rankings 2006

70m					
<i>CLUB RECORD</i>	11.4	Jason Philip	Hemel Hempstead		18-09-05
75 metres					
<i>CLUB RECORD</i>	10.8	Cedric Evina	Copthall		01-07-01
100 metres					
<i>CLUB RECORD</i>	13.5	Cedric Evina	Copthall		01-07-01
150m					
<i>CLUB RECORD</i>	23.4	Craig Goddard	Bethune		14-07-92
30.3		Simon Abrahams	Hemel Hempstead	17-09-06	
200m					
<i>CLUB RECORD</i>	29.9	J.Holden	Stevenage		10-07-77
400 metres					
<i>CLUB RECORD</i>	71.2	Paul Strong	Copthall		05-07-72
600m					
<i>CLUB RECORD</i>	1-50.6	Craig Goddard	Watford		19-05-93
3-12.0		Simon Abrahams	Hemel Hempstead	17-09-06	
800m					
<i>CLUB RECORD</i>	2-36.4	Craig Goddard	St Albans		16-06-93
1500m					
<i>CLUB RECORD</i>	5-16.0	Richard Ede	Hornchurch		10-85-75
40m Hurdles					
<i>CLUB RECORD</i>	8.7	Jordan Ogeare	Copthall		18-06-00
55m Hurdles					
<i>CLUB RECORD</i>	10.6	Ben Nagy	St Albans		01-07-00
70m Hurdles					
<i>CLUB RECORD</i>	15.0	Paul Holmes	Watford		19-05-93
75m Hurd					
<i>CLUB RECORD</i>	22.1	Alex Ajuwon	Hemel Hempstead		08-06-05
High Jump					
<i>CLUB RECORD</i>	1-35	Cedric Evina	Watford		09-09-01
LJ					
<i>CLUB RECORD</i>	4-52	Cedric Evina	Watford		09-09-01
SP					
<i>CLUB RECORD</i>	5-78	J.Allen	Bethune		1973
3-06		Simon Abrahams	Hemel Hempstead	17-09-06	
DT					
<i>CLUB RECORD</i>	13-82	James Maxwell	Watford		11-06-95
JT					
<i>CLUB RECORD</i>	13-44	Gordon Morley	Watford		20-07-94
Rounders ball					
<i>CLUB RECORD</i>	43-05	Niall Coen	Bethune		19-07-90

Cricket ball <i>CLUB RECORD</i>	39-22	<i>David Alexander</i>	<i>Copthall</i>	<i>03-07-9</i>
4x100m relay <i>CLUB RECORD</i>	64.2		<i>Watford</i>	<i>19-05-93</i>
Pentathlon <i>CLUB RECORD</i>	237	<i>James Maxwell</i>	<i>Watford</i>	<i>11-06-95</i>