

GIRLS UNDER 11 - Summer Track Rankings 2006

70m

<i>CLUB RECORD</i>	11.2	Alice Grist	Hemel Hempstead	19-09-04
12.9		Rebecca Bradley	Hemel Hempstead	17-09-06
12.9		Imogen Rochester	Hemel Hempstead	17-09-06

75 metres

<i>CLUB RECORD</i>	11.5	Emily Prati	Copthall	01-07-01
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100 metres

<i>CLUB RECORD</i>	14.6	Amelia Barkow	Copthall	07-09-96
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150 metres

<i>CLUB RECORD</i>	24.0	Alice Grist	Hemel Hempstead	19-09-04
25.8		Bethany Carter	Hemel Hempstead	17-09-06
26.3		Meera Solanki	Hemel Hempstead	17-09-06

200 metres

<i>CLUB RECORD</i>	32.4	Kathryn Ryan	Watford	24-09-89
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300m

<i>CLUB RECORD</i>	63.3	Ellie Welsh	Hemel Hempstead	18-09-05
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600m

<i>CLUB RECORD</i>	2-06.7	Katie Barber	Hemel Hempstead	19-09-04
2-08.0		Bethany Carter	Hemel Hempstead	17-09-06
2-15.0		Rebecca Bradley	Hemel Hempstead	17-09-06
2-23.3		Ellie Byrne	Hemel Hempstead	17-09-06

800 metres

<i>CLUB RECORD</i>	2-46.7	Layla Hall	St Albans	16-06-93
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40m hurdles

<i>CLUB RECORD</i>	8.4	Abigail Watts-Cherry	Copthall	18-06-00
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55m hurdles

<i>CLUB RECORD</i>	11.1	Anna Nagy	St Albans	13-05-95
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70m Hurdles

<i>CLUB RECORD</i>	17.0	Liz Copeman	Watford	13-09-87
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High Jump

<i>CLUB RECORD</i>	1-10	Emma Sheridan	Hemel Hempstead	19-09-04
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Long Jump

<i>CLUB RECORD</i>	3-76	Amelia Barkow	Copthall	07-09-96
3-20		Meera Solanki	Hemel Hempstead	17-09-06
2-84		Bethany Carter	Hemel Hempstead	17-09-06
2-44		Grace Thornhill	Hemel Hempstead	17-09-06
2-27		Milly Bruno	Hemel Hempstead	17-09-06

Shot

<i>CLUB RECORD</i>	4-40	Anna Smith	St Albans	06-07-94
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Discus

<i>CLUB RECORD</i>	11-16	Anna Smith	Welwyn	22-06-94
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Javelin

<i>CLUB RECORD</i>	5-52	Anna Smith	Watford	20-07-94
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Cricket ball				
<i>CLUB RECORD</i>	<i>25-96</i>	<i>Kelly Moles</i>	<i>Copthall</i>	<i>03-07-94</i>
Rounders ball				
<i>CLUB RECORD</i>	<i>26-20</i>	<i>Rachel Pitts</i>	<i>Bethune</i>	<i>19-07-90</i>
4x100m relay				
<i>CLUB RECORD</i>	<i>70.2</i>	<i>Ansell, Shillinglaw, Keating, Stanyer</i>	<i>Copthall</i>	<i>22-09-85</i>
Pentathlon				
<i>CLUB RECORD</i>	<i>71</i>	<i>Megan Wilcock</i>	<i>Watford</i>	<i>11-06-95</i>